THE MESSENGER

CHRIST CHURCH—KING AND QUEEN PARISH

In the Episcopal Diocese of Washington Serving <u>ALL</u> God's people since 1640

FRIDAY, APRIL 5, 2019—VOL. 3, ISSUE 14



Christ Church Yard Sale Saturday, April 6, 2019 From 7:00 a.m. to 1:00 p.m.

Christ Episcopal Church Parish Hall, 37497 Zach Fowler Road, Chaptico, MD

This is a Youth group fundraiser.
Furniture, toys, household items, clothes and much more!

CHRIST CHURCH

25390 Maddox Road

Parish Hall and Office 37497 Zach Fowler Road

P.O. Box 8 Chaptico, MD 20621

Sunday Services

8:00 a.m.—Holy Eucharist (Rite I) 10:00 a.m.—Holy Eucharist (Rite II)

Thursdays

6:10 p.m.—Meditative Music 6:30 p.m.—Simple Holy Eucharist

> Phone: 301.884.3451 E-Mail: offce@cckgp.ne Website: www.ckgp.ne

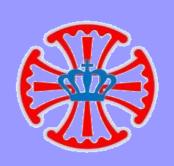
Office Hours uesdav—Fridav

9:30 a.m. to 3:30 p.m. And by appointment

The Rt. Rev. Mariann E. Budde
Bishop of Washington

The Rev. Chris Jubinski

Email: <u>frchris@cckgp.ne</u> Cell: (410) 253-<u>3664</u>





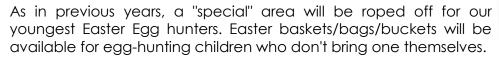
WEDNESDAY, APRIL 10, 2019 12:00 Noon

Please RSVP by calling 301.884.3451 or emailing frehris@cckqp.net

New friends are always welcome!

PARISH NEWS

- **Lunch Bunch** meets this Wednesday, April 10, 2019 at 12:00 Noon. Please RSVP by calling 301.884.3451 or by emailing frchris@cckap.net.
- # Vestry Meeting this Wednesday at 6:30 pm.
- # Parish Workday on Saturday, April 13th starting at 8:00 am. We need your help in making sure the church and grounds look good to greet our guests at Easter.
- Thursdays During Lent...The Way of the Cross—Feed your soul during Lent! We gather to remember the last hours of Jesus life has told in scripture, prayer, and song. This brief 30-minute service starts at 6:30 pm. Meditative music on the piano begins at 6:10 pm.
- # Christ Church Yard Sale will take place on Saturday, April 6th from 7:00 am to 1:00 pm. Donations of items are most welcome. Proceeds will go to support youth programs at Christ Church.
- ♣ EASTER EGG HUNT—The Annual Christ Church Easter Egg hunt will be held on Easter Sunday, April 21st at the church's cemetery immediately after the Rite II (10:00 AM) service. In the event of rain, the Easter Egg Hunt will move indoors to the parish hall. THIS EASTER EGG HUNT IS OPEN TO ALL CHILDREN!





Typically, about 800 filled plastic eggs are hidden around the church & cemetery. Eggs can be filled with such things as chocolate, jelly beans, coins, small prizes, treats, etc.

Currently we have about 450 EMPTY plastic eggs left over from last year in storage at the parish hall. We need filling items for these empty eggs! If you would like to donate plastic eggs (filled or empty), filling items, or money to purchase such items for this Easter Egg Hunt, please see/contact either Monty Wright (c: 240-434-2883) or Helen Wright (c: 301-481-1530).

There will be a drop-off box for plastic eggs and/or filling items just inside the church beginning on Palm Sunday, April 14. Eggs and/or filling items can also be brought to any Friday Night Fellowship class or to the parish hall office before Easter. PLEASE drop off any eggs by Saturday morning, April 20th so we'll be all set to hide eggs early Easter Sunday morning. Help is needed to hide these eggs, so please volunteer!

On behalf of the children of Christ Church and their families & friends, THANK YOU!

<u>Bulletin and Newsletter Deadline</u>—Please forward any announcements and prayer requests to Fr. Chris (frchris@cckqp.net) by Wednesdays at 3:30 pm for inclusion in the weekly newsletter and Sunday bulletins.

Important Upcoming Dates:

4/6—Yard Sale

4/13—Parish Workday

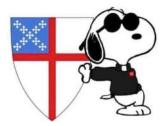
4/21—Easter Sunday

5/4—Patuxent Voices Concert at Christ Church (7:30 pm)

5/19—Strawberry Festival

5/31—FNF All Parish Year End Picnic

11/16—Vendor & Craft Fair



Thank You!

We definitely had a Spirit filled service last week when Bishop Chilton Knudsen (our new Assisting Bishop) came for a visit.



A group photo of many of the wonderful members of Christ Church who serve as LEM's, Lectors, or Greeters!

Thank You to all our Lay Eucharistic Ministers, Lectors, and Greeters who commit to serving Jesus in these important ministries on Sunday morning.

Thank You to Monty Wright for keeping all the LEMs, Lectors, and Greeters organized with our quarterly schedules.

Thank You to Helen Wright (and all the many volunteers who helped her) for pulling together an awesome reception after church for the Bishop.





Dear Members of Christ Church,

Our Diocese is putting forth a lot of effort to help the various regions and parishes within the Diocese discover what's healthy (strengths), what's stuck (weakness), what's unclear, and what's missing? Where does Christ Church fit in?

There is a Discovery Day on 27April from 10-2 at St. Paul's, Piney up in Waldorf. It would helpful to have as many people from Christ Church as possible to go. There is <u>NO</u> limit. You have to register though: https://www.edow.org/good-soil/regional-discovery-sessions

Please send me an email at frchris@cckqp.net if you register.

If you do not plan to attend, please take the time to fill out the survey at the following link. https://www.surveymonkey.com/r/EDOWGoodSoil

A bit more Info directly from the Diocese website:

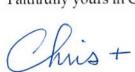
"We know that the most transformative work requires intentional planning and strategic effort. To that end, we are embarking on a diocesan-wide strategic planning process that we hope will allow us to take stock together of where we are now -- our strengths and our challenges, where we see fruitfulness in our ministries and where we struggle -- and then commit to a mutually discerned vision of God's preferred future for our diocese.

Our planning will be most effective if it includes the views of the full range of our community and takes into account the distinctive contexts of each geographic region, building upon work our leadership has already begun to cultivate in collaboration among our constituencies.

The Diocese of Washington has hired a consulting company The Unstuck Group to lead us through the strategic planning process. The Unstuck Group has worked with hundreds of churches of all shapes and sizes to assist those communities to understand their current level of "health" and to plan for their futures. We hope that the Unstuck Group will help us also to set our vision, mission, and goals while undertaking the work of becoming good soil."

The main website with links and a short video from the Bishop: https://www.edow.org/good-soil

Faithfully yours in Christ,





Caster Flower Memorials and Thanksgivings

Flowers and greens for the Easter Vigil and Sunday services at Christ Church are made possible by your generous donations in memory of or in thanksgiving of a loved one. The amount is purely voluntary; the suggested contribution is \$35. Envelopes are available in the back of church Donations need to be in hand by April 17th so that the names of your loved ones may be published in the bulletins for the Easter services.

HOLY WEEK SCHEDULE

APRIL 14, 2019—THE SUNDAY OF THE PASSION—PALM SUNDAY

8:00 a.m. Liturgy of the Palms and Holy Eucharist 10:00 a.m. Liturgy of the Palms and Holy Eucharist

APRIL 17, 2019—WEDNESDAY IN HOLY WEEK

7:00 p.m. Tenebrae (A service of darkness and light.)

APRIL 18, 2019—MAUNDY THURSDAY

6:30 p.m. Agape Supper, Holy Eucharist and Stripping of the Altar (at the church)
9:00 p.m. Night Watch Vigil until Good Friday Service

<u>APRIL 19, 2019—G@D FRIDAY</u>

12:00 p.m. The Good Friday Liturgy and Communion from the Reserved Sacrament
6:30 p.m. Friday Night Fellowship Supper (Parish Hall)
7:30 p.m. The Way of the Cross

APRIL 20, 2019—HOLY SATURDAY

6:00 p.m. The Great Vigil of Easter and Holy Baptism (Christ Church)

APRIL 21, 2019—THE DAY OF RESURRECTION—EASTER SUNDAY

8:00 a.m. Holy Eucharist with Hymns
10:00 a.m. Festival Holy Eucharist
12:00 p.m. Easter Egg Hunt

THE LITURGICAL GUIDE

THE NEWSLETTER APPEARS WEEKLY. THE NEXT ISSUE WILL BE PUBLISHED ON FRIDAY, APRIL 12, 2019.

Liturgical Day & Color	April 7, 2019 5 Lent	April 14, 2019 Palm Sunday	April 21, 2019 Easter Sunday	April 28, 2019 Easter Sunday	
Lectionary Readings	<u>Isaiah 43:16-21</u> <u>Psalm 126</u> <u>Philippians 3:4b-14</u> <u>John 12:1-8</u>	<u>Isaiah 50:4-9a</u> <u>Psalm 31:9-16</u> <u>Philippians 2:5-11</u> <u>Luke 19:28-40</u> <u>Luke 22:14-23:56</u>	Acts 10:34-43 Psalm 118:1-2, 14-24 1 Corinthians 15:19-26 John 20:1-18	Acts 5:27-32 Psalm 150 Revelation 1:4-8 John 20:19-31	
8:00 a.m.	Rite One	Rite One	Rite Two	Rite Two	
LEM	Robbie Loker	Kathy Cooke	John Deatrick Robbie Loker	Kathy Cooke	
Lector	John Deatrick	David Simmons	Brad Reeves	Ebie Cooper	
Greeters	Joan Schuhart Julie Burch	Donna & Brad Reeves	Mary & David Simmons	Patti & John Harhai	
10:00 a.m.	Rite Two	Rite Two	Rite Two	Rite Two	
LEM (2 nd Chalice)	Monty Wright	Lynn Burton	Eddie McDonald Donna McDonald	Greg Penk	
Lector	Karen Owens	Fred Wyant	Carol Jubinski	Keith Owens	
Greeter	Karen & John Colton	Laura Rocheleau & Daughters	Amy & Mark Topolski	Donnie Morgan Conner Morgan	
Altar Guild	Mary Simmons & Susan Tyner	Mary Simmons & Susan Tyner	Mary Simmons & Susan Tyner	Mary Simmons & Susan Tyner	
Coffee Hour	Potluck	Potluck	Potluck	Potluck	

SERVICES AT CHRIST CHURCH

SUNDAYS

8:00 am—Holy Eucharist 10:00 am—Organ & Choir / Holy Eucharist

THURSDAYS

6:10 pm—Meditative Music on the Piano 6:30 pm—Way of the Cross (Lent)

Baptisms, Weddings, and the Sacrament of Reconciliation by Appointment

FR. CHRIS JUBINSKI Office: 301.884.3451 Cell: 410.253.3664 frchris@ccn.net



EPISCOPAL DIOCESE OF WASHINGTON

www.edow.org

To see the readings for the next four Sundays, click on the links at the top of the schedule on this page

or visit lectionarypage.net

APRIL 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 4 Lent-Laetare Sunday Bishop's Visitation 9:00 AM Holy Eucharist (Rite II) 10:00 AM Coffee Hour	1 Frederick Denison Maurice, Priest, 1872 Parish Office Closed 1:00 PM Line Dancing	2 James Lloyd Breck, Priest, 1876 10:00 AM Lenten Book Study 7:00 PM Lenten Book Study 7:00 PM Zumba/Flaunt	3 Richard, Bishop of Chichester, 1253 6:30 PM Pastoral Caregiver Training 7:00 PM Buildings and Grounds Committee	4 Martin Luther King, Jr., Civil Rights Leader, 1968 6:10 PM Meditative Music in Church 6:30 PM Way of the Cross 7:00 PM Choir Practice 7:00 PM NA	5 Pandita Mary Ramabai, Prophetic Witness and Evangelist in India, 192	6 Daniel G. C. Wu, Priest and Missionary among Chinese Americans, 1956 8:00 AM Yard Sale
7 5 Lent 8:00 AM Holy Eucharist (Rite I) 9:00 AM Breakfast Bunch 10:00 AM Holy Eucharist (Rite II) 11:00 AM Coffee Hour	8 Parish Office Closed William Augustus Muhlenberg, Priest, 1877 1:00 PM Line Dancing	9 Dietrich Bonhoeffer, Pastor and Theologian, 1945 10:00 AM Lenten Book Study 7:00 PM Lenten Book Study 7:00 PM Zumba/Flaunt	10 [Pierre Teilhard de Chardin, Scientist and Military Chaplain, 1955] William Law, Priest, 1761 12:00 PM Lunch Bunch 6:30 PM Pastoral Caregiver Training 6:30 PM Vestry Meeting	11 George Augustus Selwyn, Bishop of New Zealand, and of Lichfield, 1878 6:10 PM Meditative Music in Church 6:30 PM Way of the Cross 7:00 PM Choir Practice 7:00 PM NA	12 [Adoniram Judson, Missionary to Burma, 1850] 6:30 PM Friday Night Fellowship	13 8:00 AM Parish Workday 7:30 PM SMTMD Contra Dance
PALM SUNDAY Palm Sunday 8:00 AM Holy Eucharist (Rite I) 9:00 AM Breakfast Bunch 10:00 AM Holy Eucharist (Rite II) 11:00 AM Coffee Hour 11:00 AM - 5:00 PM Hall Rental	15 Monday in Holy Week Parish Office Closed 1:00 PM Line Dancing	16 Tuesday in Holy Week 10:00 AM Adult Bible Study 7:00 PM Zumba/Flaunt	Service of Darkness Wednesday in Holy Week 7:00 PM Tenebrae	MAUNDY THURSDAY Maundy Thursday 12:00 PM Holy Eucharist 6:30 PM Agape Supper, Holy Eucharist, and the Stripping of the Altar 7:00 PM NA	GOOD FRIDAY Good Friday 12:00 PM Good Friday Liturgy 6:30 PM Friday Night Fellowship 7:00 PM Way of the Cross	Easter Vigil Holy Saturday 6:00 PM Great Vigil of Easter
EASTER SUNDAY Easter Sunday 8:00 AM Holy Eucharist (Rite I) 9:00 AM Breakfast Bunch 10:00 AM Holy Eucharist (Rite II) 11:00 AM Coffee Hour 11:00 AM Easter Egg Hunt	Parish Office Closed 1:00 PM Line Dancing	23 [George, Soldier and Martyr, c. 304] [Toyohiko Kagawa, Prophetic Witness in Japan, 1960] 10:00 AM Adult Bible Study 7:00 PM Zumba/Flaunt	24 [Genocide Remembrance] 7:00 PM Intercessory Prayer GroupPraying the Anglican Rosary	25 St. Mark the Evangelist 6:10 PM Meditative Music in Church 6:30 PM Holy Eucharist 7:00 PM Choir Practice 7:00 PM NA	26 [Robert Hunt, Priest and First Chaplain at Jamestown, 1607] 3:30 PM SMTMD Fiddle Workshop 7:30 PM SMTMD Concert	27 [Christina Rossetti, Poet, 1894]
28 2 Easter 8:00 AM Holy Eucharist (Rite I) 9:00 AM Breakfast Bunch 10:00 AM Holy Eucharist (Rite II) 11:00 AM Coffee Hour	29 Catherine of Siena, 1380 Parish Office Closed 1:00 PM Line Dancing	30 [Sarah Josephine Buell Hale, Editor and Prophetic Witness, 1879] 10:00 AM Adult Bible Study 7:00 PM Zumba/Flaunt	1 St. Phillip and St. James, Apostles 6:30 PM Pastoral Caregiver Training 7:00 PM Buildings and Grounds Committee	2 Athanasius, Bishop of Alexandria, 373 6:10 PM Meditative Music in Church 6:30 PM Holy Eucharist 7:00 PM Choir Practice 7:00 PM NA	3 6:30 PM Friday Night Fellowship	4 Monica, Mother of Augustine of Hippo, 387

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Christ Church King & Queen Parish

REFLECTIONS ON THIS SUNDAY'S READINGS

THE FIFTH SUNDAY IN LENT—YEAR C

Each of the Lenten Sundays stresses one of the events in the Old Testament history of Salvation. For us, these events foreshadow the meaning of Christ's death and resurrection and our incorporation into him in Holy Baptism.



The two greatest events in Israel's salvation history were the Exodus/Passover in the time of Moses and Is-

rael's return from exile in Babylon to the land of promise in the sixth century B.C. Today we hear from Isaiah a reflection upon that return which transforms it into the sign that still to come. God's plan is an even greater act of salvation—something entirely new. It is that new action by God which we celebrate in this season and especially in Holy Week and Easter.

Today's gospel reading is the story of a woman who expressed her devotion to Jesus by anointing his feet with costly perfume. While Judas complained about her extravagant action, Jesus saw it as a sign of his coming death and burial. The gospel writer discounts the complaint that the money could have been given to the poor. We are reminded that to make our Lord our greatest value is essential to our role as the people of God.

In the second reading, Paul testifies that his life is lived in Christ. This is not simply a metaphor. In baptism, we have been made part of Jesus' dying and rising, which is renewed in the Eucharist.

We are nearing Holy Week, when we enter into an intense period of rediscovering our identity as people who are in Christ and in whom God has performed the ultimate act of salvation. The restoration of all people to their true homeland with God will end the exile from God created by our disobedience.

From The Rite Light: Reflections on the Sunday Readings and Seasons of the Church Year. Copyright © 2009 by Michael W. Merriman. Church Publishing Incorporated, New York.



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CHRIST CHURCH PRAYER LIST

Please let the office know of updates to the prayer list.

<u>Pray for Parish Members</u>: Caroline Baldwin, Dorothy Pecson, Jane Cooper, Doris Goode, Mike Moore, Michael Sirk, Martin Hailey, Gail Edger, Susan Tyner, Jennifer Bryant, Sharon Montillo, Virginia Raley, Karen Owens, Joe Drumgoole, Dan Donahue, Bill Edger, and Fred Wyant.

Also pray for: Richard Griffith - Colton; Bob Whitlock, Sharon Miller, Marvin Jones, - Donahue; Kay DesMarais – Kauffman, Frances Clemenos – Edger; Carl Thoburn, Myra & Ken Fitch – Fitch; Jakkie Dickey, Karletta Magura - Smith; Scott Peabody - Heflin; Joe Turner, Betty Roush - Saunders; Carli Trost, Gilbert Murphy, Pat Valladingham - Sirk, Shophi Grace, Nicholas - Schuhart; Ron Wong, **Bobby** Stahl – Redmond; **Jennifer** Peacock – Rocheleau; **Ben** Pecson – Pecson; **Joann** McGilloway – Tyner; Luther Wolfe, Carolyn Cave, Tom Berry, Eidson Mulling, Diane Byram, Dennis Webber, Jim Blanche, Anne Keeley – Cooper; Dianne Henwood, Melissa Henwood, Sister Teresa Irene (Episcopal Carmelites) – Jubinski; Pam Chaney, Pam Jones, Carolina Montillo – Montillo; Bruce Tobiasson, Ed Poplin – Westerfield; Holly Budd, Keith Harless, Chuck and Jake – Loker; Cheryl Stubbs – Eaton; John Bernier, John Gradwell – McCubbin; Jessica Higgs – M. Oliver; Linda Dickerson, Jonathan McAdams - Graves; Moe Mozingo, Cindy Young; Philip Quade, Tim Butler - Burch; Frank Gough, Joyce Donaldson- Donaldson, Frankie Tippett, — Simmons, Hope Brouwer-Ancher, The Werth Family, Baby Dorothy Rice, Jacob Goins, Peggy Vosseler - Wright; Barbara Carlton - Shupe; Joe Fuller, Verna Kooker – Fuqua, **Doris Anne** Bradburn, **Thad** Hickey – Nelson; **Karen** Ensminger – Drumgoole; **Donna** Bayes – Leukhardt, Maura Sullivan-Penk; Heather Payton, John Russell and their children – S. Barber; **Irma** Graves – *Franklin*; **Janet** Oliver, **Frank** Davis – *T. Oliver*.

EPISCOPAL DIOCESE OF WASHINGTON CYCLE OF PRAYER—LENT 5

Please pray for the following parishes and concerns this week:

- Calvary Church, DC
- Church of the Atonement, DC





THE WAY OF LOVE IN LENT 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reflections from <i>Living the Way of Love</i> by Mary Bea Sullivan (Church Publishing, 2019). Used with permission.		March 6 TURN How did you turn back towards God's love when you made a big	7 LEARN Practice lectio divina with this scripture.	8 PRAY What are you thankful for?	9 WORSHIP What is most meaninful to you in worship?	10 LENT 1
11 BLESS What challenges are you facing today? Job 11:18	12 GO Where are you being encouraged to "show up"? Matt. 25:44-45	mistake? Luke 15:18 13 REST What can you say "no" to so you can say "yes" to prayer, rest and joy? Lev. 23:3	Luke 15:17-24 14 TURN What relationships do you need to mend? Isa. 55:8-9	1 Chron. 29:15 15 LEARN Who might you have a conversation with to learn about God? Ps. 119:105	BCP prayer, p. 281 16 PRAY Listen to the daily office today at www. missionstclaire.com Ps. 55:17	17 LENT 2
18 WORSHIP How do you want to prepare people to remember you? 2 Cor. 1:3-4	19 BLESS Intentionally smile at least ten times today. Phil 4:4	20 GO Where can you go and intentionally provide kindness? Matt. 5:4	21 REST How do you incorporate rest in your life? Jer. 6:16	22 TURN Where do you find joy and passion? Luke 24:32	23 LEARN What passage of scripture is important to you Why? Isa. 40:8	24 LENT 3
25 PRAY Go for a walk today and pray with your feet, each step with intention. Isa. 2:3a	26 WORSHIP In your prayers today, what new words or thoughts touch you? Phil. 4:6	27 BLESS Notice the pattern of your breathing. Pray for awareness of blessings. Gen. 2:7	Where might God be asking you to take your great love into the world? Isa. 48: 6b	29 REST How can you incorpo- rate rest from technol- ogy today? Matt. 11:28	30 TURN Today, intention- ally listen devoutly to another. Mark 4:23	31 LENT 4
April 1 LEARN How is the Jesus who walked this earth beckoning you to meet him? Mark 10:46-52	2 PRAY Try praying with Anglican prayer beads. Luke 18:1	3 WORSHIP How does community help or hinder your growing in Christ? John 1:12-13	4 BLESS Who has taught you to life a Jesus-filled life? Who have you taught? 2 Cor. 4:16	5 GO Create a prayer representimg how you seek to serve God and fol- low Jesus. Matt. 5:15.	6 REST How might you connect with others in the spirit of renewal? 1 Kings 19:11-12	7 LENT 5
8 TURN How might you share what brings you great joy with others? Rom. 126:8	9 LEARN Slowly read this pas- sage aloud. How does this speak to the world today? Matt. 4:18-22	10 PRAY Take 20 minutes in contemplative prayer today. Matt. 4:18-22	WORSHIP What seminal moments have informed a need to return to Christ? Ps. 51:10	When you reflect on financial giving, are your palms open? Matt. 12:43-44	13 GO Where can you seek and serve Christ in someone unlike you? Jer. 30:22, 31:4-5.	14 LENT 6
15 REST How do your creative outlets impact on tak- ing rest? Gen. 1:1-2:4	16 WAY OF LOVE Where do you see the seven practices of the Way of Love in this story? Luke 5:19	17 RULE OF LIFE How has this Way with God impacted your experience of God? John 7:38	18 RULE OF LIFE How can you build pauses into the day to reflect on the work of the Spirit? John 15:5	19 RULE OF LIFE How do others ex- perience the love of Christ through you? Gal. 5:22-23	20 RULE OF LIFE Who can support you in living a Jesus-cen- tered life? 2 Cor. 3:6	21 EASTER DAY



April 7, 2019 – Lent 5 (C) Life Transformed: The Way of Love in Lent - Rest

Drawing on the ancient practice of setting aside Lent as a period of study and preparation for living as a Christian disciple, we are pleased to present weekly teachings from Life Transformed: The Way of Love in Lent. Learn more at episcopalchurch.org/life-transformed.

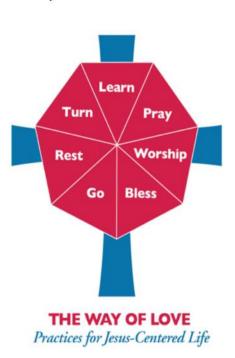
READ Ezekiel 37:1-14

We do not live in a culture that encourages REST. All too often, we are forced to work harder and longer hours, and it shows in our health. Yet, from the beginning, God – who rested on the seventh day of creation – set rest into the pattern of all life. Truly practicing the Way of Love means spending time with God in sabbath rest. Not everyone has the luxury of long breaks and vacations, or even days off. Still, we can help each other find ways internally to pause and receive the gift of sabbath. The act of rest and restoration is a part of the cycle of rebirth that is God's hope for us and gift to us.

In the exciting story of the Valley of the Dry Bones, we hear the way God sent God's breath, the Holy Spirit, onto a field of bones. That very breath was enough to reanimate them and bring them back to fullness of life. Making sabbath rest has the same impact. Sabbath rest provides the opportunity for God to refresh us, to breathe new life into us. When we neglect sabbath time with God, we can begin to feel withered and tired, just like those dry bones. This is no coincidence. When we constantly run from activity to activity without breathing and returning to God, we become depleted and dry.

The gospels record numerous times when Jesus retreated to a place of sabbath to reconnect with God and to receive the strength he needed to continue his ministry. In Luke 5 when the news about Jesus spread and crowds gathered around him, Jesus withdrew and prayed. Studies have shown that people who take regular breaks from work have higher rates of creativity and productivity. It should come as no surprise that the ritual of baptism follows the pattern of death into life – that is the sabbath cycle in action.

REFLECT: It has been said that we don't take a sabbath, but rather make sabbath. Rest is an intentional act. Do you currently have a practice of reserving a block of time each day, week, or month for sabbath rest? If so, how does it restore you? If not, what has the effect of that lack felt like? Lent is a chance to reevaluate our patterns of living. Is God calling you to explore the gift of sabbath this Lent?



of the

Cross

Thursdays in Lent

(March 7, 14, 21, 28, April 4 and 11)

6:10 p.m.-Meditative Music

6:30 p.m.-Service

A service of prayer which reflects on the final hours of Jesus' life.



Icon Writing Holy Week Retreat

with Fr. Peter Pearson, Iconographer & Author April 17 - 19, 2019

Byzantine Iconography is a highly structured and disciplined art form which combines prayer and painting techniques to create serene images of Christ, Mary, the angels and the saints following centuries old guidelines. Peter Pearson has been studying and painting icons for nearly fifty years and teaching others to do so for half that time. He's authored three books on the subject and has painted hundreds of icons for churches, monasteries, seminaries, convents, and individuals all over the world. Peter's students number in the thousands and each has walked away with an icon of their very own. No previous experience or natural talent is required. We paint, pray, and follow the simple step-by-step instructions.

We will use the Daily Office and the services for Maundy Thursday and Good Friday for prayer and meditation and work on the icons throughout the day. We will build in some breaks for rest, reflection, and wandering in nature overlooking the St. Mary's River.

Image to be painted: Christ the Bridegroom

Traditionally Used in Lent, just prior to the Great Three Days in which all Christians remember the suffering death, and resurrection of the Lord Jesus, it invites us, as the title of the icon suggests, to consider that the real focus of these events of is LOVE rather than pain. Love is fierce and God's love is the fiercest of all, refusing to run—even from the cross—for the sake of the Bride, the people of God and God's kingdom.

St. Mary's Parish Hall 47477 Trinity Church Road St. Mary's City, Maryland 20686 Wednesday, April 17, 2019 (9 am - 5 pm) Manudy Thursday, April 18, 2019 (9 am - 5 pm) Good Friday, April 19, 2019 (1:00 pm - 5 pm)

To register:

Cost: \$225 (The instructor will provide all materials at no additional charge.)

Contact Fr. John Ball, Rector, Trinity Episcopal Church, St. Mary's City: trinitysaintmarys@gmail.com

or call: 301-862-4597

Send your check payable to: St. Mary's Parish, P.O. Box 207, St. Mary's City, Maryland 20686
Please mark "Icon Retreat" on the Memo line of your check.
Please be sure to include your full name, address, telephone number and email address.

For more information, call Fr. John Ball, 301-862-4597. The Reverend Peter Pearson, Iconographer Bio:

Peter Pearson, M. Div., Th. D. has studied under nearly a dozen master iconographers and has been painting icons for fifty years. He's been teaching iconography for more than half that time and has authored three books on the subject. Icons by his hand grace the walls of churches, monasteries, and retreat houses, mainly in North America but have also found their way throughout the world. Peter is an organized and accessible teacher and guide in the history, technique, and theology/spirituality behind these ancient images of faith.

THE BACK PAGE

RITES OF PASSAGE

Please forward Birthday and Anniversary information to Fr. Chris at frchris@cckqp.net

April Birthdays

1 Dwight Williams

4 Dorothy Pecson

5 John MacBryde

6 Barbara Lacey

9 Donna McDonald

9 Kyle Dean

12 Everett Cooper

13 Michael Oliver

15 Sue Blackwell

17 Arlene Oliver

20 Betsy Franklin

20 Tom Oliver

22 Susan McQuilkin

24 Herbie Redmond

April Anniversaries

4 Helen & Monty Wright

7 Debbie & John Dorsey

8 Cindy & Bob Donaldson

14 Donna & Edie McDonald

24 Dorothy & Ben Pecson



On the Lighter Side...



